



A new 3-session non-credit course at **Holyoke Community College.**

April 10, 17, 24

6:15-8:45 pm.

Affordable at \$78, includes book.

## Do you:

- think there is something else you want to do but don't know what it is?
- know what you want to do but are afraid to take the next step?
- feel frustrated with your job and want to do something more fulfilling?
- want to feel like what you do matters, to you and to those around you?

### WHY NOT DO MORE OF WHAT YOU LOVE?

Call: 413-538-5815 GRTH 001.51 CRN 15399

**If these dilemmas keep you confused, frustrated, or stuck,** consider making time to think about them in a way that will help you

- a) gain more clarity about what you want, and
- b) get moving on your own behalf.

With exercises, readings and discussions, you will gain strategies to help you:

- Identify and honor your gifts and passions
- Acknowledge limiting beliefs or fears that keep you stuck
- Explore new possibilities and permissions for yourself
- Get into action with self-assigned experiments
- Do more of what you love [\\_\(Visit: www.whynotdowhatyoulove.com\)](http://www.whynotdowhatyoulove.com)

**REGISTER NOW!** [www.hcc.edu/ces](http://www.hcc.edu/ces)



Martha Johnson, MEd. author of the 2010 **Why Not Do What You Love: An invitation to calling and contribution in a world hungry for your gifts**, has loved her work over the years as a Peace Corps volunteer, National Park manager, public school teacher, management consultant, small business owner, and coach to individuals and groups. Her particular gift is promoting clarity and courage among those of any age who are ready to have more of the results they desire. Her life plans were derailed in 1997 by a diagnosis of multiple sclerosis. Her book parallels her own late-in-life query, illuminated by many stories of ordinary people of all ages, about how to find the life and work satisfaction we all desire and deserve.